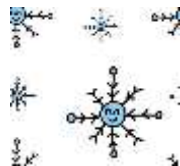


**ELEMENTARY GRADES PreK-6
November/December 2019 BREAKFAST MENU**

MONDAY	TUESDAY	LEAN AND GREEN WEDNESDAY	THURSDAY	FRIDAY
11/25 Cinnamon Toast Crunch Cheese-Filled Bar (40g) <>	11/26 Turkey Sausage Breakfast Pizza (22g)	11/27 No School	11/28 No School	11/29 No School
12/2 Sweet Potato Swirl Roll (33g) <>	12/3 Maple Pancakes (38g) <>	12/4 Mini Cinnis (39g) <>	12/5 Turkey Sausage Pancake Wrap (17g) †	12/6 Blueberry Waffles (36g) <>
12/9 Cinnamon Toast Crunch Cheese-Filled Bar (40g) <>	12/10 Turkey Sausage Breakfast Pizza (22g)	12/11 Confetti Pancakes (36g) <>	12/12 Cinnamon French Toast (37g) <>	12/13 Strawberry Pancakes (40g) <>
12/16 Sweet Potato Swirl Roll (33g) <>	12/17 Maple Pancakes (38g) <>	12/18 Mini Cinnis (39g) <>	12/19 Turkey Sausage Pancake Wrap (17g) †	12/20 Blueberry Waffles (36g) <>

<p>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST: Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch. A complete breakfast and lunch are FREE to every student!!</p>	<p>Grams of carbohydrate for each food are listed as (g). † Dairy-free entrée <> Plant-based entrée Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p>
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Revised 9/25/2019



Winter Break: December 23 – January 3

